

Human Growth & Development Two

How People Grow Study Guide

Name: _____ Date _____

1. The _____ is complete. It contains all the principles we need to understand for both growing spiritually and resolving personal struggles.
2. The Bible _____ God as the source of all growth.
3. The Bible clearly presents a process for pursuing spiritual maturity: _____, _____ and _____.
4. _____ - being progressively set apart for God's use.
5. _____ - being changed from the inside out.
6. _____ - maturing spiritually.
7. Some of the grower's tasks:
_____ and _____ to God
_____ and _____
_____ and _____

8. We need _____, or _____, to confront us with our transgressions.
9. The Greek word for *correcting* means "_____."
Explain: _____

_____.
10. *Righteousness* literally means "_____."
11. As we grow spiritually, we need _____ and _____.
12. _____ means making an idol out of the Bible.
13. _____ always bends the knee to the Scriptures.
14. _____ is a problem because the Bible is so central to God's process of growth.

15. Physical _____ and _____ is analogous to personal growth and suffering.
 16. There is _____ suffering, and there is _____ suffering at the hands of evil people.
 17. We all have _____ that cover up pain, help us deal with fear, enable us to cope with relational inabilities, and help us hold it all together.
 18. _____ and _____ push those mechanisms past the breaking point so we find out where we need to grow.
 19. In this suffering, the prize we win is _____.
- In character growth: We stretch to grow.
20. We push through the _____, the _____, and the _____.
 21. We embrace _____ to reach a higher level.
 22. Maturity and _____ are our goals.
 23. Bad pain comes from repeating _____ and avoiding the _____ it would take to change them, because many times people suffer because of their own character faults.
 24. _____. The problem is that these people don't tell the sufferers that the suffering is the fruit of their own character and is of no value unless they see it as a wake-up call.
 25. _____ is basically wasted pain. It is the pain we go through to avoid the good pain of growth that comes from pushing through.
 26. The first call: Do not refer to pain and suffering caused by character patterns as “_____”.
 27. The second call: Help people own worthless pain so that it can be _____ and turned into “good pain.”
 28. The third call: Help convert worthless suffering into _____ suffering.
 29. Having an attitude of _____ suffering will _____ against sin.
 30. The first way to arm ourselves with the attitude of Christ is to “_____” ourselves.
 31. The second way to arm ourselves with the attitude of Christ is to _____ to God's will.
 32. In all growth we have to bend the knee to _____ for us rather than going our own way.

We choose our own way by taking Satan's solution and giving in to the temptation to medicate the pain instead of dealing with it.

33. Sex substances – _____.
34. Performance - _____.
35. Materialism – _____.
36. The third way to arm ourselves with the attitude of Christ is to not _____.
37. _____ is the toughest pain we have to deal with.
38. Grief is the one that _____ all the others.
39. We basically need two things for grieving.
First, we need _____, _____, and _____.
Second, we need _____.
40. The first characteristic of a person who does things God's way is _____.
41. Two basic ways to motivate people to change are the " _____ " way and the " _____ " way.
42. The second characteristic of people who do things God's way is that they seek _____ and _____.
43. A _____ with God is the answer to all we seek.
44. The word discipline describes both the _____ and the _____.
45. _____ provides a structure for love.
46. To " _____ " is to agree with the truth.
47. _____ is the process of emotional learning.
48. _____ means a person has made the experience a part of herself.
49. _____ is not admitting the truth about a problem.
50. When we _____, we make excuses for our problem to avoid being blamed.
51. To _____ is to lessen the perception of the problem or dilute it.
52. A lack of being _____ means a lack of being loved.
53. _____ is a state of being wounded or crushed by some loss, person, hurt, injustice, or circumstance.
54. Relationship is the _____ of life.

55. A basic definition of _____, for spiritual growth purposes, is “to be God-directed, not self-directed.
56. Obedience is to look outside ourselves for our _____, _____, and _____.
57. _____, simple put, is a change of direction.
58. Growth has a _____ of authority.
59. One of the outworkings of a decision to obey God is learning about your _____ and dealing with them.
60. Obedience, or _____, is a lifelong process central to spiritual growth.
61. Sin always appears as some form of _____ from God and a taking over and usurping his roles.
62. We can’t deal with sin and temptation without _____ and _____.
63. The formula for dealing with sin we commit has been around for a long time: _____, _____, and _____ for the bad stuff” in our own souls.
64. The formula for dealing with the sin done to us is similar: confession, _____ the wounds though God’s life, and _____, if possible.
65. _____ is married to love and grace.
66. _____ words can bring us through many trials and help us grow.
67. _____ is always an integral part of growth.
68. _____ who also have dependency needs often have real problems growing.
69. Growth often requires _____ to sink into our heart and character.
70. The process of spiritual growth begins in most people with either a _____ for God or growth, or some _____ or problem that needs God’s help.
71. Spiritual growth doesn’t occur in a vacuum. It happens within _____ with God and safe people.